

VADMECUM ARKANA 2017



**BIOHARMONIZE WITH THE NEEDS OF YOUR SKIN**



**NO  
PARABENS**

**NO  
ANIMAL  
INGREDIENTS**

**NO  
PARAFFIN OILS**

**NO  
SLES, SLS**

**NO  
SILICONES**

**NO  
VASELINE**



Cosmetic products by Arkana do not contain any artificial additives and improving agents such as substances of animal origin, petroleum derivatives, irritating detergents and parabens. A perfect composition of innovative and active substances makes them biocompatible with the needs of the most demanding skin.



**Dr Monika  
Lełonkiewicz**

Specialist in dermatology,  
Centrum Dermatologii  
Zabiegowej i Laserowej  
URODA

# PRP - No. 1

## at the dermatologist and in beauty salon

**Platelet rich plasma (PRP) procedure is a safe and natural alternative to other procedures stimulating skin renewal and, therefore, they are becoming very popular in dermatology practice. The method, which is commonly referred to as “vampire facelift”, does not involve immunological risk.**

PRP is one of the safest and most natural dermatologic procedures. More than 60 various biologically active substances taking part in tissue repair and renewal processes are found in platelets. It's unique effectiveness and numerous alternative applications are another reason for its popularity. Platelet rich plasma mesotherapy is used for skin regeneration and rejuvenation, hair loss treatment, wound healing, and also for supporting scar and stretch marks treatments.

### PRP efficiency

PRP procedure activates different types of skin cells (keratinocytes, fibroblasts and vessel endothelial cells) with growth factors (GFs) and these are the most important element of PRP treatments. Growth factors stimulate epidermal and dermal cell renewal processes, elastin and hyaluronic acid synthesis activate collagen and support skin repair processes preventing skin ageing.

The higher concentration of growth factors, the more effective are regeneration and repair results, they also stimulate the formation of new capillary vessels and fibroblast proliferation, and they activate stem cells. Results of growth factors activity are production of new collagen and elastin, initiating of skin healing and regeneration and restoration processes. Growth factors also stimulate hair follicles, which is used for hair loss treatment and hair density improvement.

The skin is tighter and brighter after only 1-2 weeks, hair loss is stopped and, subsequently, growth of new hair can be observed after hair loss treatment.

Autoimmune diseases, blood clotting disorders and taking drugs influencing blood clotting, acute inflammatory diseases, including purulent skin conditions and herpes, as well as pregnancy and lactation, are common contraindications for the application of platelet rich plasma.



**Anna Marcjasz**  
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RGD Specialist, Arkana  
certified trainer

# PRP - like Therapy MD estetic

## Since ancient times...

For centuries mankind has been trying to discover the secret of eternal youth and find a miraculous remedy, i.e. a "magical elixir" halting ageing processes. In the ancient times people tried to achieve such an effect through consuming powdered herbs, minerals, various extracts or substances of animal origin (e.g. bones or tissues) or applying them directly on the skin. It was also believed that the "youth element" may be often transferred from the young to the old in the form of blood or other body fluids.

## Towards modernity

Modern science and achievements in the field of cosmetology have used these principles to a large extent. Today we know for sure that soluble growth factors found in plasma and other body fluids exist in numbers. Simultaneously, scientists also argue that the role of growth factors in cell and tissue regeneration and life extension is actually enormous. Thus, becoming familiar with natural regeneration processes has become the key to the application of the latest generation substances, i.e. peptides. It is worth emphasizing that in medicine they, at present, constitute more than 50% of the composition of modern drugs. Advanced cosmetology follows exactly this route.

## Designed for cosmetics with medical efficiency

A new field of medicine, i.e. regenerative medicine using autologous materials, such as platelet rich plasma, or stem-cell therapies in order to rejuvenate body cells, has emerged in recent years. Scientists interested in "stopping time" and "regeneration" have still looked for alternative active components able to successfully replace substances of natural origin. Years of laborious research and experimentation have made it possible to discover two unique peptides: **W3** and **GHK- Cu**. What is so special about them? They successfully imitate natural growth factors released by cells aimed at stimulating growth and differentiation of other cells. This is a real breakthrough and, simultaneously, the beginning of the development of regenerative cosmetology.

## Mysterious receptors versus PRP effect

G-Protein Coupled Receptors (GPCRs) are intelligent receptors found in cell membranes, which are responsible for receiving signals necessary for important life processes. Their discovery was awarded with the Nobel Prize in Chemistry in 2012. Scientists have gone even further and created **W3 Peptide**, which, being based on the innovative strategy involving the combination with the GPCR receptor in skin cells, activates the metabolic cascade leading to regeneration.

## It has been called W3 because it acts in a three-pronged way:

- W1 – the first prong of its activity uses research on wound healing and regeneration processes
- W2 – the second prong involves stopping and reversing ageing processes
- W3 – the third prong consists in preventing the occurrence of pigmentation disorders connected with ageing. Additionally, its potential to stimulate hair growth and stop hair loss has been shown.

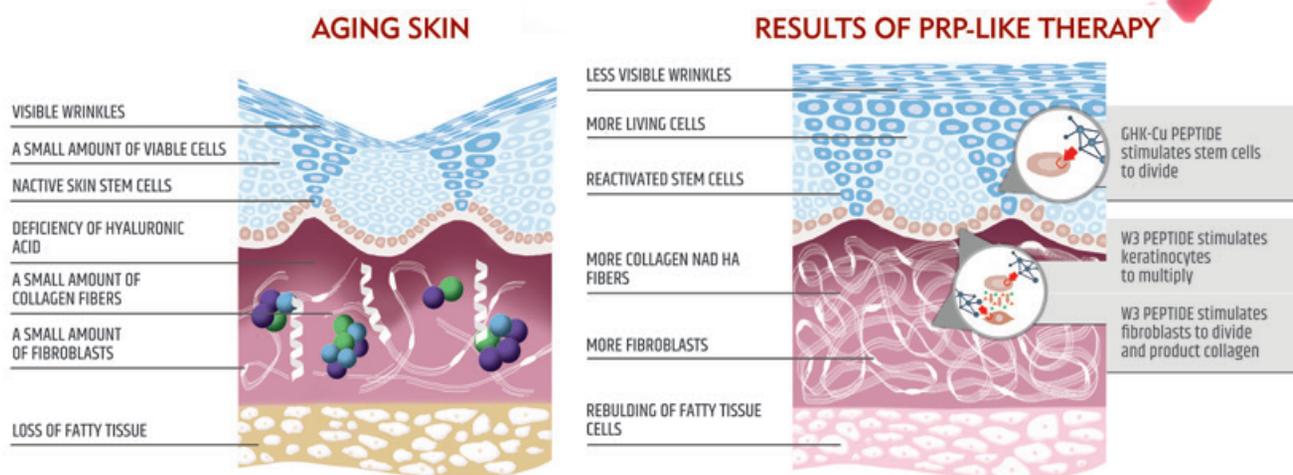
The comparison of its effects and platelet rich plasma (PRP) effects has become a revolution. The comparison of the influence of the 2% W3 Peptide and PRP on human keratinocytes and fibroblasts has demonstrated stimulating effects of W3 Peptide similar to the effects provided by the growth factor. The GPCR receptors found in these cells are responsible for the regeneration signal just as following plasma administration. As a consequence, there is an increase in the number of new cells and the quantity of procollagen I, collagen IV, decorin and fibronectin. It is worth noting that the decorin mentioned above is a small but very important proteoglycan regulating the process of collagen synthesis, wound healing and anti-tumour defense involved in regulation. Fibronectin, in its turn, is a plasma component necessary, e.g. during the process of cell renewal.

## "Copper" youth carrier

**GHK- Cu**, i.e. the latter breakthrough peptide, has been discovered in human plasma. Research has confirmed that it is also found in saliva, urine and collagen. Furthermore, it has been found that it has a significant impact on repairing and preserving all types of our organism tissues. The above stems from the fact that it is always released in situations of traumas in order to support the organism in the repair process. Its effects are particularly visible in the process of healing various types of wounds. The above has been confirmed by a large quantity of scientific evidence. For this reason, **GHK- Cu** has been recognised as a strong tissue remodelling activator. This unique signal peptide influences the synthesis of collagen, elastin, GAGs and proteoglycans, such as the already mentioned decorin. Moreover, **GHK- Cu** protects cellular DNA against harmful effects of UV and free radicals, reduces photodamage and levels pigmentation. Clinical research confirms that it also stimulates hair growth and stops its loss.

The unique efficiency and safety of **GHK-Cu** documented by a wealth of research ranks it as a crucial factor in the reversal of ageing processes and regeneration at the cellular level. Application of the pure peptide in concentration between 0.05 to 0.3% slows down the

# Discover the cosmetic youth elixir!



ageing process and reverses its effects. GHK-Cu may also be used after aggressive dermo-aesthetic procedures for accelerating regeneration, eliminating side effects and increasing their efficiency.

## Plasma-lift effect - an alternative to platelet rich plasma procedures

Inspired by regenerative medicine, Arkana has combined these two unique peptides into a single original formula with the plasma-lift effect. "Plasma" is the accepted name of plasma and "lift" is connected with the real therapy remodelling skin and restoring youth. **PRP - like Therapy MD estetic is a unique line of dermo-cosmetics giving the PRP-like effect.** Original dermoc cosmetics belonging to this line make it possible to conduct a procedure imitating platelet rich plasma effects and reinforcing other dermo-aesthetic procedures.

Professional serum contains the highest dose of peptides in a special emulsion formula increasing their penetration. You will achieve the best results if you insert them with the help of the new Frax Stamp for fractional skin stamping. The ideal (1.5 mm) length of (40) needles plated with 24-carat gold is the recipe for the most spectacular effect of the procedure. It is this needle length that ensures reaching dermis, where it activates a cascade of growth factors, which, together with the W3 and GHK-Cu peptides, activate remodelling and regeneration processes. The stamp construction allows for a comfortable and less painful procedure. For persons preferring procedures conducted with the help of devices Arkana has prepared a cost-efficient and handy version of the Stamp Pen with 36 microneedle cartridges. Ultrathin needles insert serum into the skin more comfortably for the Customer and cause no damage to the skin.

And a small digression: the **PRP serum** stamping procedure may also be introduced as a head skin procedure for persons with trichological problems.

Oxygen Infusion Mask, which perfectly prepares skin for the procedure, i.e. reduces the epidermal barrier, oxygenates and increases serum assimilability, is recommended to be prepared before skin fractionation.

The special **PRP sheet mask** is applied after fractional needling. Its structure "imitates" human skin, owing to which it perfectly adheres to the skin and ensures deep penetration of active substances. Additionally, the mask has special eye sheets. At the end of the procedure **PRP Elixir** is applied around eyes and **PRP Rejuvenator** - on the rest of the face and neck.

This pair of products should accompany our Customers during the whole treatment. Depending on the skin condition and treatment intensity, the elixir should be applied under the cream once or twice a day under domestic conditions. It is also recommended for eye area care. Moreover, the special cream formula contains chia, inca inchi and babassu oils rich in omega-3s, omega-6s and vitamin E, which provide an anti-wrinkle effect, improve elasticity, nourish and moisturize the skin. Thanks to them, after cream application the skin is smooth and receives a velvet touch.

You can also offer your Customers a kit containing a 0.5 mm long stamp, which, used together with the elixir between procedures, will reinforce professional activities. Such a needle length allows only for increasing the quantity of serum provided to the epidermis, owing to which, it ensures safety under domestic conditions of use and does not interfere with the usage of a professional stamp.

### NEW ARKANA MD ESTETIC

Inspired by regenerative medicine, the **PRP-like therapy with the plasma-lift effect** constitutes a non-invasive alternative to platelet rich plasma procedures. It is based on the activity of **W3 Peptide** and **the GHK-Cu peptide**, which remodel skin and restore its youth. It is a shock therapy for complex rejuvenation of mature skin with photoageing applied as a part of anti-ageing prevention or after invasive procedures requiring accelerated regeneration. Combined with the other **MD estetic** lines, it provides spectacular effects.



#### Indications:

- Skin requiring fast and total regeneration
- with ageing symptoms of various levels of intensification together
- with skin density loss
- PRP-like procedures
- therapies preserving effects of dermo-aesthetic procedures
- trichological therapies
- anti-ageing prevention



#### Active substances:

##### W3 PEPTIDE INSPIRED BY THE NOBEL PRIZE IN 2012 FOR THE DISCOVERY OF CELLULAR SIGNAL RECEPTORS

- non-invasive alternative to PRP
- remodels and regenerates skin
- stimulates rejuvenation processes
- stimulates hair growth and stops its loss

##### GHK-CU APPLIED IN REGENERATIVE MEDICINE

- reactivates skin stem cells
- stimulates regeneration processes
- repairs and restores skin
- reverses the ageing process
- stimulates hair growth and stops its loss

##### CHIA OIL

- bio-oil rich in omega-3s, omega-6s and vitamin E
- exhibits antioxidant and anti-inflammatory properties
- provides lipid supplementation, moisturizes and elasticizes skin

##### INCA INCHI OIL - THE "TREASURE" OF THE INCAS

- provides an anti-wrinkle effect and improves elasticity
- gives velvety finish

#### FRACTIONAL STAMPING WITH THE PRP EFFECT PROCEDURE

1. Remove make-up with the help of Biomimetic Lift Up Milk.
2. Tone the skin using Biomimetic Lift Up Toner.
3. Secure skin around eyes with the help of a compress soaked in Biomimetic Lift Up Toner. Secure eyebrows and lips using Post Treat Ointment. Eyebrows may lighten if security measures are not applied.
4. Apply a thick layer of a portion of Oxygen Infusion Mask on the skin using a brush. Do not massage! Leave for 15 minutes! Tingling connected with skin oxygenation may be felt when the mask is active.
5. The rest of the mask should be removed with a plastic spatula, and, subsequently, using a moist compress. Tone the skin using Biomimetic Lift Up Toner.
6. Apply on individual PRP Serum procedure areas and conduct the stamping procedure with the help of Frax Stamp or Stamp Pen or using another apparatus method.
7. Apply PRP Mask. Remove the mask after 20 - 30 minutes and gently massage the rest of it.
8. At the end apply PRP Elixir, including the area around eyes, and PRP Rejuvenator - on the face, neck and neckline.

Treatments in a series	4 - 8
Frequency	14 - 28 days



#### PRP Serum

##### 5% of active substances:

W3 Peptide, GHK-Cu peptide, Chia oil

- plasma-lift effect
- guarantees silky skin
- maximally recommended peptide dose
- lipophilic formula
- intensive penetration

##### Use

- professional PRP-like procedures
- microneedle and no-needle mesotherapy, sonophoresis and manual applications
- procedure areas: face, head skin and body

Code 52007

3x3 ml

# PRP - LIKE THERAPY ALTERNATIVE TO PLATELET RICH PLASMA PROCEDURES

MD

**NEW ARKANA MD ESTETIC**



## PRP Elixir

### 10% of active substances:

W3 Peptide, GHK-Cu peptide, Chia oil, Inca Inchi, vitamin E, squalane

- maximum shock peptide concentration
- luxurious formula and silky finish of the procedure
- spot or global application
- ideal for the area around eyes
- applied between procedures, preserves effects of professional procedures

### Use

- at the end of professional procedures
- intensive PRP-like treatment
- recommended to be applied once or twice a day together with PRP Rejuvenator

Code 52008

15 ml



## PRP Rejuvenator

### 10% of active substances:

W3 Peptide, GHK-Cu peptide, Chia oil, Inca Inchi, babassu, vitamin E, squalane

- remodelling formula
- silky finish of the procedure and exclusive fragrance
- perfect for day and night care
- recommended to be applied under make-up
- preserves effects of professional procedures

### Use

- PRP-like rejuvenation therapies
- at the end of professional procedures
- reinforcement of dermo-aesthetic procedures

Code 52005

150 ml

Code 52006

50 ml



## PRP Mask

### 9% of active substances:

GHK-Cu, hyaluronic acid, diamond dust

- the MD formula
- structure perfectly "imitating" human skin
- ideal adhesion and deep penetration of active substances
- with eye sheets
- ready for use
- easy application

### Use

- at the end of professional procedures
- for home application together with PRP Elixir/Transform HA Elixir/Bo2Look Elixir

Code 52009

1 pcs



## FRAX Stamp MD

### 40 microneedles

- needles plated with 24-carat gold
- easy to use
- universal usage: face, head skin and body
- recommended use: 3 procedures

### Two needle lengths available:

#### 0,5mm

- increases penetration of active components
- for professional procedures
- procedures around eyes, very sensitive skin, head skin
- for domestic stamping therapy
- recommended to be applied together with PRP Elixir/Bo2Look Elixir/Transform HA Elixir/Carbo V Elixir
- should be applied every 7-14 days depending on needling intensity and skin reactions

#### 1,5mm

- for professional fractional stamping procedures
- induces regeneration processes
- increases penetration of active substances
- recommended to be used together with the MD and PRO serums
- should be used every 14-28 days depending on needling intensity and skin reactions

Code 30004

0,5 mm

Code 30005

1,5 mm

### ARKANA MD ESTETIC

This is a revolutionary dermo-aesthetic **therapy with patented neuropeptide XEP™- 018, which reduces mimic wrinkles** in a non-invasive way. Its action is based on relaxation of the facial muscles responsible for the formation of expression lines. It is a safe and non-invasive treatment, guaranteeing **Botox-like effects and very natural appearance without the need for injections.**

#### TREATMENT TO ELIMINATE MIMIC WRINKLES

##### Basic procedure

1. Remove make-up with Biomimetic Lift Up Milk and/or Eye + Face Micellar Water.
2. Tone the skin with Biomimetic Lift Up Toner.
3. Perform selected Arkana peeling or exfoliation, ultrasound peel or microdermabrasion.
4. Apply Bo2Look Serum to mimic wrinkles on the upper parts of the face (forehead and eye area). Apply with a selected method manually, using a roller or appropriate instruments. Apply Carbo V Re-Constructor Serum or Biomimetic Peptide Serum to lower parts of the face and rub in manually or instrumentally.
5. Apply V-Shape Mask. Remove the mask after 20 minutes and gently rub in the remaining amounts.
6. To finish the treatment, apply Bo2Look Wrinkle Relaxer.

#### ORIGINAL DOUBLE V SHAPE TREATMENT WITH CARBOXYTHERAPY EFFECTS

##### Joint procedure

1. Remove make-up with Biomimetic Lift Up Milk and/or Eye + Face Micellar Water.
2. Tone the skin with Biomimetic Lift Up Toner.
3. Secure eye areas with compresses wetted in a toner.
4. Apply approximately 10 mL of Carbo Mask with a brush. Measure approximately 5 mL of Carbo Activator and apply with a brush directly on the mask. Subsequently, use a brush in order to connect the mask with the activator. Rinse with lukewarm water after 15 minutes.

**NOTE:** A tingling sensation may be experienced while the mask is applied. The activator contains acids. Protect the eyes. If the product accidentally gets into the eyes, rinse with water.

5. Tone the skin with Biomimetic Lift Up Toner.
6. Apply Bo2Look Serum to mimic wrinkles on the upper parts of the face (forehead and eye area). Apply with microneedle mesotherapy (roller/ fractional device)
7. Apply Carbo V Re-Constructor Serum to the lower parts of the face. Apply with microneedle mesotherapy (roller/ fractional device)
8. Apply V-Shape Mask. Remove the mask after 20 minutes and gently rub in the remaining amounts. To finish the treatment, apply Bo2Look Wrinkle Relaxer to the upper parts of the face: forehead and eye areas, and Carbo V Re-Constructor to the lower parts of the face: cheeks, jaw line, chin and neck.



##### Indications:

- elimination of mimic wrinkles
- prevention of mimic wrinkles



##### Active substances:

##### PATENTED NEUROPEPTIDE XEP™018

- a noninvasive alternative to Botox
- facial muscle relaxation
- reduced visibility of expression lines
- potent action – it is currently the only that potent peptide on the market

Treatments in a series	4-8
Frequency	once per 2 weeks

# Bo2Look THERAPY REVOLUTION IN MIMIC WRINKLE REDUCTION

MD

ARKANA MD ESTETIC

## Bo2Look Serum

### 9% of active substances:

XEP™-018, hyaluronic acid, baobab oil, jojoba oil, vitamin E

- maximum shocking 5% of the neuropeptide
- potent wrinkle smoothing action
- special formula enables active penetration and is dedicated for the application to areas with mimic wrinkles (lion wrinkles, forehead horizontal furrows, crow's feet)

### INDICATIONS

- professional Botoxlike treatments
- treatments that strengthen and prolong effects of aesthetic therapies
- prevention of mimic wrinkles
- microneedle or noneedle mesotherapy
- sonophoresis
- manual application

Code 51006

3x3 ml



## Bo2Look Wrinkle Relaxer

### 15% of active substances:

XEP™-018, hyaluronic acid, almond oil, safflower oily

- active liquid crystal formula
- luxury consistency and scent
- perfect as a makeup base
- helps preserve effects of professional treatments

### INDICATIONS

- finishing up professional treatments
- boosting effects of dermoaesthetic treatments
- rejuvenating therapies and wrinkle reduction

Code 51004

150 ml

Code 51005

50 ml

## Bo2Look Elixir

### 10% of active substances:

XEP™-018, hyaluronic acid, baobab oil, jojoba oil, vitamin E

- maximum shocking 5% of the neuropeptide
- active formula
- elixir for point application to mimic wrinkles (lion's wrinkles, horizontal furrows, crow's feet)

### INDICATIONS

- intensive home Botoxlike therapy to reduce wrinkles
- prevention of mimic wrinkles
- used between botulinum injections - prolongs effects, delays subsequent injections
- recommended to be used twice daily together with Bo2Look Wrinkle Relaxer

Code 51003

15 ml



### ARKANA MD ESTETIC

This original treatment with carboxytherapy effects combines an active form of xymenynic acid, arginine and remodelling peptide. **Xymenynic acid** and **arginine** improve microcirculation, enhance skin oxygenation and increase its nourishment. They promote and remodel tissues, restoring their proper shape, firmness and suppleness. These effects are boosted by a **special peptide with properties that restore and improve facial oval in the "V" zone**. It is a perfect, non-invasive alternative to thread lifts



#### Indications:

- skin that needs nourishment
- grey, tired and stressed skin
- first signs of ageing
- loss of suppleness and firmness
- jaw line disruption and double chin
- cellulite and local adipose tissue deposits
- support products during and after carboxytherapy
- home care after carboxytherapy



#### Active substances:

##### XYMILENE® – XYMENYNIC ACID ESTER

- stimulates circulation
- promotes blood flow and skin oxygenation
- removes toxins
- makes skin firm and supple
- reduces cellulite

##### ARGININE – AMINO ACID

- promotes microcirculation
- stimulates collagen production
- intensively hydrates

##### MODELLING PEPTIDE

- remodels facial oval in the "V" zone
- restores skin shape
- reinforces collagen and elastin fibres

#### RECONSTRUCTOR TREATMENT WITH CARBOXYTHERAPY EFFECTS

1. Remove make-up with Biomimetic Lift Up Milk and/or Eye + Face Micellar Water.
2. Tone the skin with Biomimetic Lift Up Toner.
3. Secure eye areas with compresses wetted with Biomimetic Lift Up Toner.
4. Apply approximately 10 mL of Carbo Mask with a brush. Place the content of a Carbo Activator ampoule to a bowl and apply with a brush directly on the mask. Subsequently, use a brush in order to connect the mask with the activator. Rinse with lukewarm water after 15 minutes.

**NOTE: A tingling sensation may be experienced while the mask is applied. The activator contains acids. Protect the eyes. If the product accidentally gets into the eyes, rinse with water.**

5. Tone the skin with Biomimetic Lift Up Toner.
6. Apply Carbo V Re-Constructor Serum. Apply with a selected method manually, using a roller or appropriate instruments.
7. Apply V-Shape Mask. Remove the mask after 20 minutes and gently rub in the remaining amounts.
8. To finish up, apply Carbo V Re-Constructor and Eye Illuminator to the eye areas.

Treatments in a series	4-8
Frequency	once per 2 weeks

# CARBO RE-CONSTRUCTOR FACIAL OVAL CORRECTION IN THE "V" ZONE

MD

ARKANA MD ESTETIC



## Carbo Mask

### 13% of active substances:

*kaolin, shea butter, green tea and acerola extracts*

- creamy and silk consistency
- active formula
- releases CO2 particles when combined with the activator

### INDICATIONS

- carbolike treatments
- preparation for carboxytherapy

**Instructions:** see the procedure..

Code 49001

150 ml

## Carbo Activator

### 10% of active substances:

*glycolic acid, citric acid*

- special activator for Carbo Mask
- maskactivating formula
- stimulates formation of CO2 particles

### INDICATIONS

- carbolike treatments
- preparation for carboxytherapy

**Instructions:** see the procedure..

Code 49002

50 ml

## Carbo V Re-Constructor Serum

### 4% of active substances:

*xymenynic acid, arginine, modelling peptide*

- maximum % of active substances
- original composition
- lipophilic formula
- active penetration

### INDICATIONS

- professional carbolike treatments
- reinforcing and prolonging carboxytherapy effects
- treatments to model facial contour and improve the "V" shape
  - microneedle or nonneedle mesotherapy
  - sonophoresis
  - manual application

Code 49007

3x3 ml

**ARKANA MD ESTETIC**


### Carbo V Re-Constructor

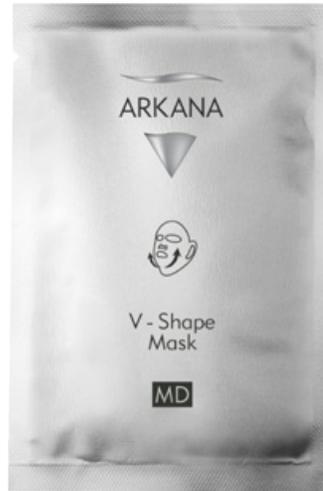
**4% of active substances:**
*xymenynic acid, arginine, modelling peptide*

- original formula
- a noninvasive alternative to thread lifts
- highly concentrated active substances
- luxurious and relaxing scent

**INDICATIONS**

- finishing up professional treatments
- boosting carboxytherapy effects
- treatments to remodel and improve facial contour

Code 49005                      150 ml  
Code 49006                      50 ml



### V- Shape Mask

**Active substances:**
*rice, pomegranate and roseroot extracts, hyaluronic acid*

- "anatomical" mask
- remodels and improves facial oval in the "V" zone and the chin
- convenient application
- ready for use

**INDICATIONS**

- professional treatments to lift and model facial oval
- rejuvenating treatments
- for home use to reinforce the effects of professional treatments

Code 49004                      1 pcs



### Carbo Body Shaper

**4% of active substances:**
*xymenynic acid, arginine, caffeine, retinol*

- light and silk consistency
- luxurious scent
- reinforces professional treatments

**INDICATIONS**

- carbolike treatments
- followup of professional carboxytherapy
- home care after body shaping treatments

Code 49003                      200 ml

### Carbo V Elixir

**5% of active substances:**
*xymenynic acid, modelling peptide, arginine*

- elixir with the carboxytherapy and thread effects
- the highest recommended dose
- spot or global application
- ideal for the area around eyes
- applied between procedures, preserves effects of professional procedures

**INDICATIONS**

- at the end of professional carbo-like procedures
- intensive treatment improving face shape
- care preserving effects of carboxytherapy and thread-lifting procedures
- recommended to be applied once or twice a day together with Carbo V Re-Constructor

Code 49013                      15 ml


**NEW!**

# TRANSFORM HA THERAPY

## THERAPY WITH TRANSFORMABLE HYALURONIC ACID

MD

ARKANA MD

Dermo-cosmetic **THERAPY WITH TRANSFORMABLE HYALURONIC ACID** encapsulated in an elastic, deformable carrier system. The exceptionally small size of the carriers and their deformable shell allow hyaluronic acid to penetrate the epidermal barrier and reach the dermis. This is where the acid binds and retains water for a long time, giving the effect of thorough hydration, increased skin density and suppleness, and line-filling.



### Indications:

- mature, lined skin
- dry skin with depleted moisture
- flabby skin with depleted density
- as a follow-up to dermo-aesthetic treatments.



### Active substances

#### HYALURONIC ACID IN A TRANSFORMABLE CARRIER SYSTEM

- encapsulated in carriers with deformable shells
- small particle 120 nm, 3 kDa
- elastic, deformable shell for greater penetration
- cutting-edge technology
- bio-compatible
- pharmaceutical quality
- thorough, long-lasting hydration
- reduces TEWL
- replenishes skin density
- fills in lines
- boosts skin regeneration



**Transform HA Therapy MD** has been formulated for micro-needle mesotherapy treatments, but also as a maintaining treatment for procedures such as needle mesotherapy, line-filling and face-contouring with cross-linked hyaluronic acid.

#### TRANSFORM HA SERUM

**12% of active substances:** *hyaluronic acid delivered in a carrier system*

- novel formula
- high concentration of pure hyaluronic acid
- lipo-gel formula
- application comfort
- guaranteed velvety skin sensation

#### Use

- micro-needle mesotherapy (with a roller or a fractional device)
- manual application following intensive procedures
- no-needle mesotherapy
- sonophoresis

Code 48001

vial 3x3 ml

#### TRANSFORMABLE HYALURONIC ACID THERAPY, STAGED TREATMENT PLAN:

1. Cleanse the skin using Hydrospheric Cleanser
2. Tone the skin with Hydrospheric Toner.
3. Perform exfoliation of choice (chemical peel or other), depending on the skin's needs.
4. Introduce Transform HA Serum manually, or perform micro-needle mesotherapy with a roller or a fractional device.
5. Apply Transform HA Mask to the skin, perform sonophoresis or micro-needle mesotherapy and / or hydro-massage.
6. Optionally, apply Hyaluronic Algae Mask. Remove mask remnants with a gauze.
7. Tone the skin with Hydrospheric Toner.
8. To finish off, apply Transform HA Filler.

Treatments in a series	4 - 6
Frequency	every 2 weeks





### TRANSFORM HA FILLER

**5% of active substances:** *hyaluronic acid in elastic carriers*

- high-concentration formula
- maintains the effect of professional treatments
- perfect for layering under makeup
- velvety skin effect

#### Use

- to finish off micro-needle mesotherapy, line-filling, and face-contouring with HA treatments
- home-based skin care following mesotherapy, line-filling and face-contouring with HA procedures
- therapy of dry and mature skin

Code 48002

150 ml

Code 48003

50 ml

### TRANSFORM HA MASK

**2% of active substances:** *hyaluronic acid in elastic carriers*

- lipo-gel, velvety formula
- enhances the effect of the serum
- perfect for staged treatments
- thorough and long-lasting hydration result
- recommended for sonophoresis and no-needle mesotherapy

#### Use

- as a follow-up to micro-needle and needle mesotherapy
- complementing and maintaining therapies extending dermo-aesthetic treatments
- works well for hydro-massage
- recommended for sonophoresis and no-needle mesotherapy

Code 48004

200 ml

Code 48005

10 ml

**Specialist line of skin products formulated to soothe and protect the skin** after dermo-aesthetic treatments. The cosmetics improve customer's comfort both in the course of a procedure and in the following days. Perfect for at-home care of skin exposed to low and high temperatures, irritated due to sun exposure or harsh winter air on skiing trips. Also recommended for temporarily excessively dry or scaly skin, chapped lips or irritated skin of the hands and cuticles.



### SOFT CLEAN POWDER

**89% of active substances:** Amisoft®, aloe vera, allantoin, sorbitol, maltodextrin, corn-starch, salicylic acid, lemon extract

- „soft“ formula
- perfectly smooth and soft skin
- exceptionally mild
- gentle for sensitive and irritated skin
- bio-compatible with any skin type

#### Active substances:

##### Amisoft®

- created from amino acid
- gently cleanses any impurities
- softens and hydrates the skin
- hypoallergenic formula

##### ALOE VERA

- hydrates the skin
- softens and smoothes
- soothes irritated skin
- has anti-inflammatory and anti-bacterial qualities

##### ALLANTOIN

- hydrates and soothes
- removes dead cell build-up

##### SALICYLIC ACID

- cleanses and unclogs the pores
- removes dead cell build-up
- has antibacterial and anti-inflammatory properties

##### LEMON EXTRACT

- rich in natural vitamin C and citric acid
- has anti-oxidant qualities
- brightens the skin

##### MALTODEXTRIN AND SORBITOL

- natural sugars
- hydrate
- prevent skin dehydration

##### CORNSTARCH

- absorbs sebum excess
- mattifies the skin

#### Use

- as a follow-up to dermo-aesthetic peel treatments
- for irritated and reddened skin
- best used along with Soft Clean Powder and Post Treat Gel

Code 45065

50 ml



### POST TREAT BARRIER CREAM

**3% of active substances:** special film-forming polymer, protective emollients, allantoin

- dermocosmetic formula
- unique protective ingredient
- light non-comedogenic consistency

#### Active substances:

##### FILM-FORMING POLYMER

- forms a breathing protecting film
- restores protective barrier
- protects skin from atmospheric and chemical factors

##### ALLANTOIN

- moisturises
- soothes irritated skin

#### Indications:

- skin exposed to wind, frost and high temperatures
- for lovers of winter sports
- protection against chemical irritants (hands)
- protection after invasive dermo-aesthetic procedures (exfoliation, laser therapy)
- sensitive skin with compromised protective barrier
- atopic skin

#### Use

- to protect the skin after treatment
- winter-time skin care
- body and face
- damaged and irritated skin of the hands

Code 45054

50 ml



### POST TREAT GEL

**78% of active substances:** Aloe vera gel, glucam, arnica extract, BSASM™ complex, panthenol, allantoin

#### Active substances:

##### ALOE

- has anti-inflammatory and anti-bacterial properties
- smoothes and supple
- promotes regeneration
- moisturises

##### ARNICA

- reduces swelling
- facilitates the absorption of bruises and ecchymoses
- has analgesic, anti-inflammatory, anti-bacterial and
- anti-mycotic properties
- BASAM™ 7 HERBS COMPLEX – centella asiatica, chamomile, licorice, camella sinensis (chinese tea), fallopia japonica, rosmarinus, baicalaria scutalensis**
- fights irritation
- reduces itching, reddening, swelling
- enhances skin immunity

#### Use

- following needle and micro-needle mesotherapy
- to treat reddening and irritation
- following micropigmentation procedures
- to treat insect bites
- to be used as cooling compress

Code 45053

200 ml

Code 45063

75 ml



### POST TREAT SOLUTION

**3% of active substances:** aloe vera gel, arnica extract, BSASM™ complex, panthenol, allantoin

#### Active substances:

##### ALOE

- has anti-inflammatory and anti-bacterial qualities
- smoothes and supple
- boosts skin regeneration
- hydrates

##### ARNICA

- reduces swelling and puffiness
- helps bruising and ecchymoses absorb more quickly
- is an antianalgesic and anti-inflammatory agent
- has antibacterial and antifungal properties

##### BSASM™ 7 HERB COMPLEX –

**CENTELLA ASIATICA, CHAMOMILE, LICORICE, CHINESE TEA, JAPANESE KNOTWEED, ROSEMARY, SCUTELLARIA BAICALENSIS**

- treats skin irritation
- reduces itching and erythema
- reduces skin irritation and swelling
- boosts the skin's natural immune barrier

#### Use

- as a follow-up to dermo-aesthetic peel treatments
- for irritated and reddened skin
- best used along with Soft Clean Powder and Post Treat Gel

Code 45066

200 ml

## ARKANA MD



## POST TREAT OINTMENT

**99,6% of active substances:**  
sunflower, canola and avocado oils,  
Shea butter, Antileukine®, Bisabolol

## Active substances:

**OILS:** sunflower, avocado, canola,  
shea butter

- strengthen lipid barrier
- help the epidermis heal and regenerate
- reduce roughness and scalliness

## Antileukine 6®

- reduces inflammation
- reduces itching, burning and swelling
- increases skin immunity

## Vitamin E

- moisturises
- soothes irritated skin

## Bisabolol

- soothes irritated skin
- prevents infection

## Use

- to promote regeneration following micropigmentation
- of the brows / lips
- to be used as a compress for very dry skin
- to treat chapped, cracked lips
- to treat irritation
- to treat scaly and cracking skin

Code 45060

15 ml



## HAIR REVIVAL SERUM

**7% of active substances:** Capixyl™, argan oil, plant betaine, ecogel

- fragrance free
- non-oily formula
- recommended for use with micro-needle mesotherapy

## Active substances:

## CAPIXYL™

- red clover extract: isoflavone, biochanin A, limits hair loss
- reduces inflammation
- biomimetic tetrapeptide stimulates hair growth
- prevents hair loss, strengthens hair follicles, improves hair density and thickness

## Use

- preventive treatments
- scalp and hair anti-aging treatments
- periods of increased hair loss
- hormonal shifts following pregnancy or during menopause
- male and female androgenic hair loss
- daily use between scalp mesotherapy treatments

Code 39002

50 ml



## POST TREAT LOTION

**12% of active substances:** betaine (derived from plants), olivem 300, lavender extract, panthenol, allantoin

## Active substances:

## LAVENDER EXTRACT

- soothes irritated skin
- has antiseptic properties
- has mild analgesic properties

## Use

- To rinse the skin during a micropigmentation procedure

Code 45050

500 ml

## SUN PROTECTOR 50+

**31% of active substances:**  
chemical and physical filters,  
vitamin A, panthenol

- tinting formula
  - no cakey effect
  - protects against sunburns
  - prevents discolouration
  - counteracts photoaging
- PHYSICAL AND CHEMICAL FILTERS**
- protection from burns
  - prevents discolouration
  - prevents photoaging

## VITAMIN E

- protects against free radicals
- hydrates

## PANTHENOL

- soothes irritated skin
- hydrates

## Use

- following dermo-aesthetic procedures
- to protect skin prone to discolouration
- to prevent photo-aging of the skin

Code 34011

50 ml



## REPAIR OINTMENT

**100% of active substances:**  
lanoline, bio-oil complex, beeswax,  
almond oil, spear mint, rosemary  
and pine tree essential oils,  
origanol, vitamins A and E

- 100% natural
- recommended for diabetics
- greasy, unhydrous formula
- rich ingredients
- „compress“ for cracking skin
- heels, feet, hands, elbows and knees

## Active ingredients

## LANOLINE AND PLANT VASELINE

- oils and moisturises
- occlusive action

## BEESWAX, ALMOND OIL

- contain natural vitamins and EFA

## • nourishes and oil

ESSENTIAL OILS: MINT, ROSEMARY,  
PINE TREE AND ORIGANOL

- have anti-fungal and anti-inflammatory properties
- deodorant properties

## Use

- occlusive treatment for cracked skin - wrapped in foil and leave for 15 minutes
- eliminates horny build-up on feet or hands - apply nightly under cotton socks, continue until required improvement occurs
- to prevent horny build-up - apply nightly under cotton socks once a week

Code 43005

50 g

Arkana **ACID Therapy MD** is a series of **specialist dermo-aesthetic** peels based on **high concentrations of glycolic, pyruvic, almond, salicylic and azelaic acids** as well as **retinol**. A complete series also includes products that prepare the skin for professional treatments and cosmetics intended for home use enabling proper skin care before and after exfoliation.

#### FRAMEWORK PLAN OF DERMOAESTHETIC ACID TREATMENT

1. Cleanse the skin with Pre Peel Cleanser.
2. Degrease the skin with Pre Peel Lotion using a rough gauze pad.
3. Secure sensitive areas (nose wings, lips, slight abrasions) and moles with Post Treat Ointment.
4. Secure eyelids with compresses wetted with Post Treat Solution.
5. Measure 2-3 mL of a selected Arkana MD peel to a glass bowl. Apply in layers using a brush or gauze pad. The number of layers, intensity of rubbing and duration of application depends of an individual skin reaction. During application, the peel might cause skin redness as well as burning, stinging or itching sensation. If frosting occurs, neutralize by point application of Post Peel Neutralizer.
6. Neutralise after obtaining a desired skin reaction. Measure 2-3 mL of Post Peel Neutralizer to a glass bowl. Apply with a brush directly on the peel.
7. Rinse the skin using large amounts of cold water and cotton pads.
8. Clean the skin with a pad wetted in Post Treat Solution.
9. Apply Unitone TXA+ Vit C Serum.
10. Apply creamy Unitone TXA+ Vit C Mask. The treatment can be additionally supplemented with the application of a selected algae mask.
11. To finish up, apply Unitone TXA+ Vit C Cream and Sun Protector 50+ if the skin will be exposed to UV radiation

Treatments in a series	4 - 8
Frequency	once per 2 weeks



#### PRE PEEL CLEANSER

**9% of active substances:** glycolic and lactic acids, green tea extract, aloe, allantoin, bisabolol, vitamin E

- acidic formula
- deep cleanser
- initially removes dead cells
- decreases pH

#### INDICATIONS

- skin cleansing before professional exfoliation
- everyday skin cleansing during acid treatments
- recommended to be used with a selected acid cream and lotion

Code 46022

200 ml



#### PRE PEEL LOTION

- skin preparation for chemical peels
- removal of excess sebum and elimination of dead epidermis
- increased acid penetration

#### INDICATIONS

- preparation for AzAc Peel and Reti Fusion Peel
- also recommended for acid exfoliation treatments

Code 34004

200ml



#### POST PEEL NEUTRALIZER

- pH 9
- neutralises MD peels
- restores normal pH

#### INDICATIONS

- neutralisation during professional exfoliation treatments

Code 46023

200 ml

### ARKANA MD



#### MANDELIC PEEL 50% PH 0,8

##### Active substance:

##### ALMOND ACID

- controls bacterial flora
- regulates sebum secretion
- increases firmness and suppleness
- reduces discolorations

- optimal exfoliation
- universal for any skin type
- can be used for the entire year

##### INDICATIONS

- oily skin with impurities
- acne skin
- mature skin with discolorations

Code 46026

10 ml



### ARKANA MD PEELS

- dermocosmetic formula
- efficient consistency
- economy volume

#### PYRUVIC PEEL 50% PH 0,8

##### Active substance:

##### PYRUVIC ACID

- dermoplastic effect - rejuvenation and restructuring
- stimulates collagen, elastin and hyaluronic acid production
- comedolytic action - reduces impurities
- reduces scars and stretch marks

- dermomodulating properties
- restructuring effect
- deep cleanser

##### INDICATIONS

- mature skin that has lost suppleness
- oily skin with impurities
- post-acne scars

Code 46027

10 ml



#### SALICYLIC PEEL 30% PH 2,2

##### Active substance:

##### SALICYLIC ACID

- anti-inflammatory action
- anti-fungal and anti-bacterial action
- sebum regulation

- active form of salicylic acid
- safe concentration

##### INDICATIONS

- oily skin with impurities
- acne skin

Code 46024

10 ml



#### GLYCOLIC PEEL 70% PH 0,8

##### Active substance:

##### GLYCOLIC ACID

- stimulation of collagen, elastin and glycosaminoglycan (HA) synthesis
- potent dermoplastic action - rejuvenation
- reduces discolorations
- reduces scars and stretch marks

- intensive rejuvenating peel
- high concentration
- deep penetration

##### INDICATIONS

- mature lined skin
- photoaged skin
- scars and stretch marks

Code 46025

10 ml

# Follow-up of professional treatments

## at home



### Indications

- oily and mixed skin
- skin with tendency to impurities
- tendency to acne and discolorations

### Usage

- exfoliation and normalisation
- anti-seborrheic prevention
- reduction of discolorations
- preparation for and skin care after Mandelic Peel 50%
- use 1-2 daily



### MANDELIC SOLUTION PH 3,5

**2% of active substances:** *almond acid*

- prepares the skin for application of Mandelic + Salicylic Purifying 10% Cream
- use 2-3 times daily

Code 46016

200 ml



### Indications

- mature lined skin
- skin that has lost suppleness
- photoaged skin
- first signs of ageing
- post-acne scars and stretch marks

### Usage

- rejuvenating and restructuring treatments
- anti-ageing prevention
- preparation for and skin care after Glycolic Peel 70%
- use once or twice daily



### MANDELIC + SALICYLIC PURIFYING 10% CREAM

**11% of active substances:** *mandelic acid, salicylic acid, shikimic acid*

- dermo-cosmetic formula
- active combination of exfoliating and normalizing acids

Code 46006

50 ml



### GLYCOLIC SOLUTION PH 3,5

**2% of active substances:** *glycolic acid*

- prepares the skin for application of Glycolic + Phytic Restore 10% Cream
- use 2-3 times daily

Code 46015

200 ml



### GLYCOLIC + PHYTIC RESTORE 10% CREAM

**11% of active substances:** *kglycolic acid, phytic acid, arginine*

- dermo-cosmetic formula
- active compound of acids for skin
- rejuvenation and elimination of skindefects

Code 46005

50 ml

## ARKANA MD

**PYRUVIC SOLUTION PH 3,5**

- **2% of active substances:** pyruvic acid
- activating formula

**INDICATIONS**

- prepares the skin for application of Pyruvic Advanced 10% Cream
- preparation for and skin care after Pyruvic 50% Peel
- use 2-3 times daily

Code 46017

200 ml

**PYRUVIC ADVANCED 10% CREAM**

- **10% of active substances:** pyruvic acid
- dermocosmetic formula
- high concentration of pyruvic acid

**INDICATIONS**

- rejuvenating and restructuring treatments
- antiage prevention
- normalising and cleansing treatments
- preparation for and skin care after Pyruvic 50% Peel
- use once or twice daily

Code 46028

50 ml

**AzAc SOLUTION**

- **3% of active substances:** azelogyline, niacinamide, natural betaine, panthenol, glycerol

- activating formula
- prepares the skin for the application of AzAcForte 15% Cream
- enhances skin penetration by azelaic acid and azelogyline

**Use**

- normalizing therapies for skin prone to acne vulgaris or rosacea skin prone to vascular problems and sensitive skin
- prevention of acne and seborrhea
- skin care following AzAc Peel treatment
- to be Used 2-3 times a day

Code 47004

200 ml

**AzAc FORTE 15% CREAM**

- **18% of active substances:** azelaic acid, azelogyline, niacinamide

- dermo-cosmetic formula
- maximum effect of azelaic acid and azelogyline
- lightweight and non-oily
- the effect of smooth and mattified skin

**Use**

- normalizing therapy for skin prone to acne vulgaris and rosacea
- skin prone to vascular problems and sensitive skin to prepare the skin for AzAc Peel treatment
- prevention of acne and seborrhea
- skin care following AzAc Peel treatment

Code 47003

50 ml

### Recommended peels and care before and after treatment

problem/ skin type	Intensity of peel	Peel type	Recommended dermocreams preparing for and continuing therapy	3 days after the treatment
• acne	high intensity	AzAc Peel	<ul style="list-style-type: none"> <li>• AzAc Forte 15% Cream</li> <li>• Mandelic + Salicylic Purifying Cream</li> <li>• Acne Out Cream</li> </ul>	<ul style="list-style-type: none"> <li>• Soft Clean Powder</li> <li>• Post Treat Solution</li> <li>• Post Treat Gel</li> <li>• Post Treat Barrier Cream</li> </ul>
	average intensity	Mandelic Peel 50% Salicylic Peel 30%		
	mild	AHA + BHA + PHA Bio Exfoliator 25%		
• discolorations	high intensity	Reti Fusion Peel	<ul style="list-style-type: none"> <li>• Mandelic + Salicylic Purifying Cream</li> <li>• AzAc Forte 15% Cream</li> <li>• Unitone TXA + C Cream</li> </ul>	<ul style="list-style-type: none"> <li>• Soft Clean Powder</li> <li>• Post Treat Solution</li> <li>• Post Treat Gel</li> <li>• Post Treat Barrier Cream</li> </ul>
	average intensity	Mandelic Peel 50%		
	mild	AHA + BHA + PHA Bio Exfoliator 25%		
• photoaging	high intensity	Reti Fusion Peel	<ul style="list-style-type: none"> <li>• Reti Fusion Cream</li> <li>• Reti Fusion Rich Cream</li> </ul>	<ul style="list-style-type: none"> <li>• Soft Clean Powder</li> <li>• Post Treat Solution</li> <li>• Post Treat Gel</li> <li>• Post Treat Barrier Cream</li> </ul>
	average intensity	Mandelic Peel 50%		
	mild	AHA + BHA + PHA Bio Exfoliator 25% Lactobionic Exfoliator 22%		
• rosacea	high intensity	AzAc Peel	<ul style="list-style-type: none"> <li>• AzAc Forte 15% Cream</li> <li>• Lactobionic 10% &amp; A+C Cream</li> <li>• Lactobionic 5% &amp; Hyaluron Cream</li> <li>• Unitone TXA + Vit C Cream</li> </ul>	<ul style="list-style-type: none"> <li>• Soft Clean Powder</li> <li>• Post Treat Solution</li> <li>• Post Treat Gel</li> <li>• Post Treat Barrier Cream</li> </ul>
	mild	Lactobionic Acid Serum 15%		
• sensitive and couperose-prone skin	high intensity	AzAc Peel	<ul style="list-style-type: none"> <li>• Lactobionic 10% &amp; A+C Cream</li> <li>• Lactobionic 5% &amp; Hyaluron Cream</li> <li>• AzAc Forte 15% Cream</li> </ul>	<ul style="list-style-type: none"> <li>• Soft Clean Powder</li> <li>• Post Treat Solution</li> <li>• Post Treat Gel</li> <li>• Post Treat Barrier Cream</li> </ul>
	average intensity	Pyruvic Peel 50%		
	mild	Lactobionic Acid Serum 15% Lactobionic Exfoliator 22%		
• oily skin with enlarged pores	high intensity	AzAc Peel	<ul style="list-style-type: none"> <li>• AzAc Forte 15% Cream</li> <li>• Mandelic + Salicylic Purifying Cream</li> <li>• Unitone TXA + Vit C Cream</li> </ul>	<ul style="list-style-type: none"> <li>• Soft Clean Powder</li> <li>• Post Treat Solution</li> <li>• Post Treat Gel</li> <li>• Post Treat Barrier Cream</li> </ul>
	average intensity	Salicylic Peel 30%		
	mild	AHA + BHA + PHA Bio Exfoliator 25%		
• mature lined skin	high intensity	Reti Fusion Peel Glycolic Peel 70%	<ul style="list-style-type: none"> <li>• Glycolic + Phytic Restore 10% Cream</li> <li>• Pyruvic Advanced 10% Cream</li> <li>• Reti Fusion Cream</li> <li>• Reti Fusion Rich Cream</li> </ul>	<ul style="list-style-type: none"> <li>• Soft Clean Powder</li> <li>• Post Treat Solution</li> <li>• Post Treat Gel</li> <li>• Post Treat Barrier Cream</li> </ul>
	average intensity	Pyruvic 50% Peel		
	mild	AHA + HA Bio Exfoliator 25%		
• mature skin with impurities	high intensity	Reti Fusion Peel	<ul style="list-style-type: none"> <li>• Mandelic + Salicylic Purifying Cream</li> <li>• Pyruvic Advanced 10% Cream</li> <li>• Reti Fusion Cream</li> <li>• Reti Fusion Rich Cream</li> </ul>	<ul style="list-style-type: none"> <li>• Soft Clean Powder</li> <li>• Post Treat Solution</li> <li>• Post Treat Gel</li> <li>• Post Treat Barrier Cream</li> </ul>
	average intensity	Pyruvic Peel 50% Mandelic Peel 50%		
• stretch marks/scar	high intensity	Glycolic Peel 70% Reti Fusion Peel	<ul style="list-style-type: none"> <li>• Glycolic + Phytic Restore 10% Cream</li> <li>• Pyruvic Advanced 10% Cream</li> <li>• Reti Fusion Cream</li> <li>• Reti Fusion Rich Cream</li> </ul>	<ul style="list-style-type: none"> <li>• Soft Clean Powder</li> <li>• Post Treat Solution</li> <li>• Post Treat Gel</li> <li>• Post Treat Barrier Cream</li> </ul>
	average intensity	Pyruvic Peel 50%		

**In each case, sun protection with Sun Protector 50+ is recommended:**

- for at least 30 days after treatment
- during the whole acid therapy
- for 30 days after the last procedure

## ARKANA MD

Multiactive **Reti Fusion Peel** set is based on the comprehensive action of stable **5% retinol** combined with **10% vitamin C** and **30% antioxidant complex**. The fusion of active ingredients in high concentrations ensures comprehensive rejuvenating and corrective effect.

### How to prepare for the treatment:

1. No hair removal, electrolysis or dermabrasion procedures should be conducted within 7 days prior to the treatment.
2. Men are asked to shave on the day of the treatment.
3. Prior to the treatment:
  - take patient/customer history
  - rule out counter indications for the treatment
  - ask the customer to fill in the medical questionnaire form
  - inform the patient of the expected / possible skin response following the treatment
  - recommend at-home skin care products
  - ask the customer to sign the informed consent form
  - take photo documentation of the skin

### TREATMENT PLAN RETI FUSION PEEL CLASSIC:

1. Cleanse the skin with Biomimetic Lift Up Milk.
2. Tone the skin with Biomimetic Lift Up Toner, then degrease thoroughly.
3. Apply the entire content of 10% Vit C + 30% Antiox Serum to the area to be treated and massage until properly absorbed.
4. Apply a uniform layer of 5% Retinol Peel Mask with a brush. Avoid the areas around the eyes and mouth. Leave for 6-8 hours, depending on the type and the condition of the skin.
5. The customer is released home and after recommended time removes the mask on their own with cool water. Care should be taken to avoid contact with eyes. Next, the customer applies and massages in Post Treat Gel.

Treatments in a series	2-5 depending on customer expectations and the initial skin condition
Frequency	once a month



#### Reti Fusion Peel benefits:

- economized option: 1 set per 1 customer
- possible purchase for individual appointments
- full effectiveness of the products due to the hermetic, disposable, single-use packaging
- treatment documentation forms (medical questionnaire form, informed consent form) attached to the set



#### Indications:

- skin discolouration
- melasma
- acne
- photoaging
- post-acne scarring
- distended sebaceous glands openings
- seborrhea
- fine lines
- loose skin
- stretchmarks



#### Active substances

##### RETINOL 5%

- exfoliates
- evens out skin tone
- reduces and keeps under control seborrhea
- reduces acne lesions
- reduces skin imperfections
- facilitates comprehensive skin rejuvenation

##### 10% VITAMIN C

- assists whitening
- strengthens capillaries
- stimulates the synthesis of support fibers
- firms and thickens the skin

##### 12% FYTIC ACID

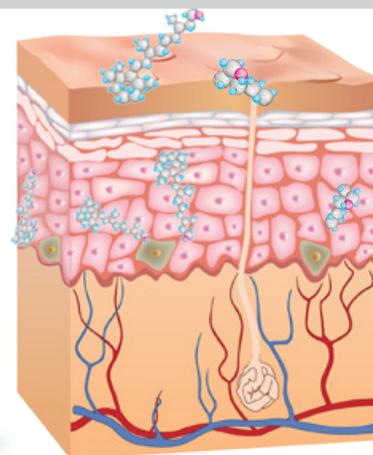
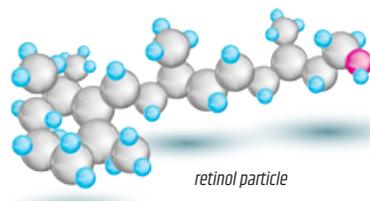
- has antioxidative properties
- is a natural alternative for hydroquinone
- diminishes existing and prevents formation of new discolouration
- works as a chelating agent for heavy metals thus preventing photoaging

##### 1% RESVERATROL

- protects the skin against the damage from free radicals
- prevents DNA and collagen fiber degradation
- activates sirtuins responsible for cellular regeneration
- stimulates the synthesis of support proteins

#### Counter-indications

- pregnancy and breastfeeding
- bacterial, viral, allergic, fungal, and neoplastic skin conditions
- epidermal abrasion or damage
- recent surgical procedure within the area intended for treatment
- active herpes
- current treatment with isotretinoin
- immune system deficiency



penetration of retinol particles into the skin cells

### RETI FUSION PEEL – SET

Set includes:  
10% VIT C + 30% ANTIOX SERUM  
capacity 2,5 ml

**Active substances:** Vitamin C, antioxidants, ferulic acid, resveratrol

5% RETINOL PEEL MASK  
capacity 5 ml

**Active substances:** retinol

Code 44025



### Reti Fusion Peel pre-treatment and post-treatment care:

Skin problem / skin type	at least 14 days prior to the treatment	at least 14 days prior to the treatment	min. 30 days following the treatment	Sun screen protection is an absolute must for the period of 30 days following the treatment.
acne	Mandelic + Salicylic Purifying Cream	Post Treat Gel	Acne Out Cream	Sun Protector 50+
skin discolouration	Mandelic + Salicylic Purifying Cream	Post Treat Gel	Unitone TXA + C Cream	Sun Protector 50+
photoaging	Reti Fusion Cream/Rich Cream	Post Treat Gel	Unitone TXA + C Cream	Sun Protector 50+
loose skin	Glycolic + Phytic Restore Cream	Post Treat Gel	Reti Fusion Cream/Rich Cream	Sun Protector 50+
sensitive and vascular skin	Lactobionic 10%& A+C Cream/ 5% & Hyaluron Cream	Post Treat Gel	Sakura Sensitive Cream /Repair Cream	Sun Protector 50+
oily, contaminated with open pores	Mandelic + Salicylic Purifying Cream	Post Treat Gel	Acne Out Cream	Sun Protector 50+
oily skin with scars	Glycolic + Phytic Restore Cream	Post Treat Gel	Reti Fusion Cream	Sun Protector 50+
mature with contaminations	Glycolic + Phytic Restore Cream	Post Treat Gel	Reti Fusion Cream/Rich Cream	Sun Protector 50+
mature, contaminated	Mandelic + Salicylic Purifying Cream	Post Treat Gel	Reti Fusion Cream	Sun Protector 50+
stretchmarks	Glycolic + Phytic Restore Cream	Post Treat Gel	Glycolic + Phytic Restore Cream	

## ARKANA MD

Comprehensive rejuvenation and care of mature skin. **Retinol in concentration of 0.3%, ferulic acid and vitamins E and C** are combined to ensure all signs of skin aging are tackled

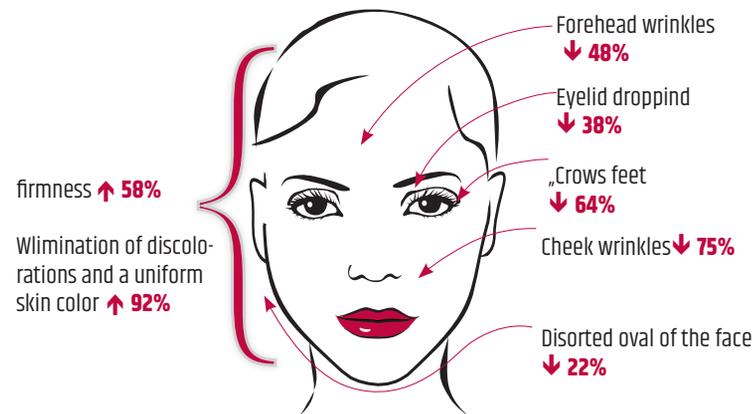
### Rejuvenating treatment with retinol

#### TREATMENT PLAN:

1. Cleanse the skin with Biomimetic Lift Up Milk.
2. Use Biomimetic Lift Up Toner.
3. Exfoliate with Amphoteric Bio Exfoliator /AHA + HA Bio Exfoliator 25% - optionally: perform cavitation peeling or microdermabrasion.
4. Tonify the skin with Biomimetic Lift Up Toner.
5. Apply Reti Fusion Serum avoiding any contact of the preparation with the eye.
6. Optionally: perform a microneedle or a fractional mesotherapy using a roller. The choice of method and assessment of the skin's condition up to the person performing the treatment.
7. Apply Reti Fusion Mask. Massage it in and leave for 20 minutes. Massage the rest in, do not wash off
8. Apply Anti Age Algae Mask. After 20 minutes remove the whole mask at once and apply Reti Fusion Cream.

Treatments in a series	6 - 8
Frequency	every 10-14 days

### Clinically proven effect of retinol



#### Indications:

- Skin 30+
- discolouration
- photo-aging
- wrinkles
- anti-aging prevention



#### Active substances:

##### RETINOL

- plumps out the lines
- tightens up
- discolorations
- smooths and firms
- reduces photo-ageing effects

##### CONCENTRATION OF 0.3% RETINOL

- adjusted to combine with progressive treatments
- safe for Client's use at home
- does not cause irritations

##### FERULIC ACID

- neutralises free radicals
- evens out the skin colour
- enhances the action of Vitamin C
- prevents photo-ageing

##### VITAMIN C

- stimulates collagen synthesis
- brightens and evens out skin tone
- plumps out fine lines
- seals capillaries
- enhances and stabilizes the effect of retinol
- re-activates vitamin E

##### VITAMIN E

- hydrates
- soothes irritated skin
- enhances the antioxidative effect of ferulic acid



**Retinol** is active already on molecular level. It is the sole active substance that penetrates the cell and stimulates

all processes responsible for skin renewal. It is active both in the dermis and the epidermis. Studies have confirmed the visible effects of retinol therapy after just 4 weeks.

## ARKANA MD



### RETI FUSION RICH CREAM

**7% of active substances:** retinol, ferulic acid, vitamins E and C, plant glycerol

- rich formula
- pleasant scent and feel
- contains vitamin C capsules

#### Use

- as follow-up to autumn- and winter-time treatments
- dry skin
- following evening-time treatments, when no UV protection or makeup is needed
- recommended for night skin care

Code 44003 150 ml  
Code 44013 50 ml



### RETI FUSION CREAM

**13% of active substances:** retinol, ferulic acid, vitamins E and C, UV filters, plant glycerol

- contains SPF 15
- protects the skin after treatments
- readily absorbs

#### Use

- rejuvenating and normalizing treatments, treatments eliminating enlarged pores and post-acne scarring
- to finish off day-time treatments
- recommended for day skin care
- perfect for layering under makeup

Code 44001 150 ml  
Code 44011 50 ml



### RETI FUSION MASK

**7% of active substances:** retinol, ferulic acid, vitamins C and E, plant glycerol, Carnuba wax, plant oils

- enhances the activity of serum
- formula enriched with vitamin C capsules
- velvety formula

#### Use

- following serum application
- for massage
- for every rejuvenating treatment

Code 44006 200ml  
Code 44016 10 ml

### RETI FUSION SERUM

**7% of active substances:** retinol, ferulic acid, vitamins C and E, plant glycerol

- formula that goes a long way
- readily absorbs
- no sticky film left
- allows various stimulants to be applied
- Ecogel formula - natural basis, velvety texture

#### Use

- rejuvenating treatments
- brightening treatments
- treatments reducing pore openings and post-acne scarring
- treatments with Arkana Skin Roller
- micro-needle and fraction mesotherapy
- no-needle mesotherapy
- sono- and iontophoresis
- manual application
- following acid exfoliation treatments
- following microdermabrasion

Code 44007 30 ml



### RETI FUSION EYE CREAM

**7% of active substances:** retinol, ferulic acid, vitamins C and E, caffeine, plant glycerol, soy oil, grape oil, avocado oil

- rich formula
- pleasant texture
- smoothes fine lines
- brightens dark under eye circles and supples

#### Use

- as follow-up to professional procedures at-home skin care

Code 44015 15 ml

## ARKANA MD

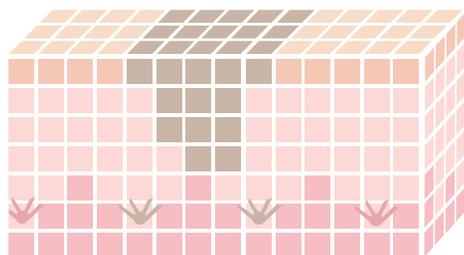
**Arkana MD Unitone TXA + Vit C Therapy** is a novelty dermo-cosmetic therapy formulated to even out the skin tone and eliminate unsightly pigmentation of various types. **Tranexamic acid** is the latest beauty industry's discovery in the field of combating discoloration of hormonal and post-inflammatory origin as well as caused by sun exposure.

### Brightening treatment with tranexamic acid and vitamin C

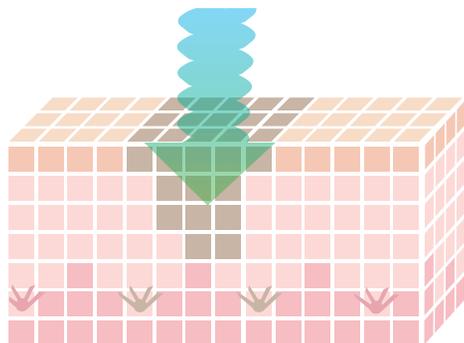
#### TREATMENT PLAN:

1. Remove makeup with Lactobionic Micellar Gel.
2. Tone the skin with Lactobionic Toner.
3. Exfoliate the skin with Arkana acids (recommended AHA + BHA + PH A Bio Exfoliator 25%).
4. Conduct cavitation peel or dermabrasion.
5. Massage Unitone TXA+Vit C Serum in. Optionally, conduct sonophoresis, no-needle or micro-needle mesotherapy, with the use of Arkana Skin Roller.
6. Apply Unitone TXA+Vit C Mask. Optionally, apply also TXA & Pearl Algae Mask.
7. To finish off, apply unitone TXA+Vit C Cream and sun Protector 50+, and Eye Illuminator to the areas around the eyes.

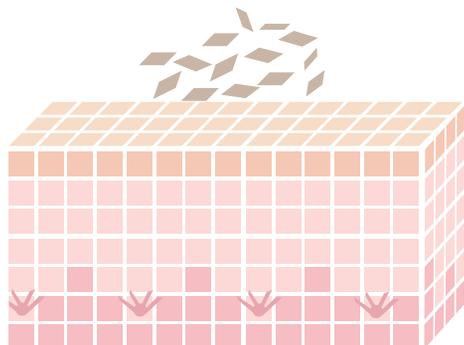
Treatments in a series	5 - 10
Frequency	every 7-10 days, micro-needling / exfoliation every 2-4 weeks



*Skin suffering from discoloration problems*



*Penetration of the skin with active substance during treatment*



*Elimination of skin discoloration with UNITONE treatment*



#### Indications:

- uneven skin tone
- photo-aging
- discoloration due to:
  - sun exposure
  - inflammation
  - hormonal disorders
- prior to and after IPL therapies, laser therapies and exfoliation



#### Active substances:

##### TRANEXAMIC ACID (TXA)

- brightens and evens out skin tone
- prevents discoloration
- diminishes and counteracts the results of photo-damage and photo-aging
- has anti-inflammatory properties
- soothes itching, swelling and redness

##### VITAMIN C (3-O-ETHYL ASCORBIC ACID)

- novel amphiphilic form
- penetrates the dermis where it is released in its pure form as free vitamin C
- neutralises free radicals
- seals capillaries
- brightens skin discoloration
- stimulates collagen production

##### NIACINAMIDE

- prevents the formation of discoloration caused by sun exposure and inflammation
- fights inflammation and facilitates healing
- destroys free radicals

##### LICORICE EXTRACT

- brightens and soothes irritation



Mask that evens out skin tone, with tranexamic acid and vitamin C

### UNITONE TXA+VIT C MASK

**Contains 5% of active substances:** tranexamic acid, vitamin C (3-oethyl ascorbic acid), licorice extract

- dermo-cosmetic formula
- enhances the effect of serum
- novel combination of ingredients normalizing pigmentation
- luxury creamy formula

#### Use

- professional brightening treatments
- at-home maintenance care 1x a week

Code 46002

200 ml

Code 46012

10 ml



Cream that evens out skin tone, with tranexamic acid and vitamin C

### UNITONE TXA + VIT C CREAM

**Contains 7% of active substances:** tranexamic acid, vitamin C (3-O-ethyl ascorbic acid), vitamin B3

- dermo-cosmetic formula
- novel combination of ingredients that normalize pigmentation
- thick formula

#### Use

- after professional skin brightening treatments
- at-home treatments aimed at evening out skin tone and brightening discolouration
- conditioning the skin for laser and IPL treatments (photo-rejuvenation and IPL hair removal)
- skin care following intensive dermo-aesthetic treatments

Code 46001

150 ml

Code 46011

50 ml



### 10% C ELIXIR

**12% of active substances:** vitamin C, acerola extract, vitamin A and E

- luxury consistency
- imposing scent
- high concentration of an active form of vitamin C
- universal formula compatible with Arkana creams
- recommended in combination with Reti Fusion Therapy, Unitone TXA + Vit C Therapy and Lactobionic Therapy

#### INDICATIONS

##### Professional treatments:

- reinforcing brightening treatments, procedures sealing blood vessels and rejuvenating therapies
- recommended in combination with Reti Fusion Therapy, Unitone TXA + Vit C Therapy, Lactobionic Therapy and Peels Therapy MD

- microneedle or noneedle mesotherapy
- sonophoresis
- manual applications

##### Home treatments:

- daily application directly to the skin, before applying an adequate Arkana cream

Code 46004

10 ml



Serum that evens out skin tone, with tranexamic acid and vitamin C

### UNITONE TXA + VIT C SERUM

**Contains 5% of active substances:** tranexamic acid, vitamin C (3-O-ethyl ascorbic acid)

- dermo-cosmetic formula
- powerful concentration of active substances
- ecogel formula
- lightweight formula that goes a long way

#### Use

- professional brightening treatments
- manual application
- micro-needle and no-needle mesotherapy
- sonophoresis

Code 46003

30 ml

## ARKANA MD

A unique **line of dermo-cosmetic products with high concentration of lactobionic acid (5%, 10%,15%)**. Combines the benefits of safe exfoliation with hydration, regeneration and soothing of the skin. Dedicated for sensitive skin and skin prone to distended and broken capillaries, skin irritated after aesthetic treatments and dermatologic therapies.

### Exfoliation treatment with lactobionic acid and vitamins

#### TREATMENT PLAN:

1. Remove makeup with Lactobionic Micellar Gel
2. Tone the skin with Lactobionic Toner.
3. Optionally, exfoliate with Amphoteric bio exfoliator / AHA + HA Bio Exfoliator 25%/ AHA+BHA+PHA Bio Exfoliator 25% or conduct cavitation peel/microdermabrasion.
4. Measure out 3-4 ml of Lactobionic Acid Serum 15%. 5. Apply to the face, neck, décollete, the area around the eyes. Massage gently until properly absorbed.
5. Apply lactobionic Boost Mask. Optionally, perform a light hydro massage, sonophoresis or no-needle mesotherapy.
6. Leave for 20 minutes, then remove with a compress. Lactobionic & Vit C Algae Mask may, but does not have to, be applied at this point.
7. To finish off, apply Lactobionic 5% & Hyaluron Cream or Lactobionic 10% & Vit A + C to the skin of the face, and Lactobionic 4% Eye Cream to the areas around the eyes.

The treatment is especially beneficial as follow-up after exfoliation with dermo-aesthetic peels and micro-needling (after 7-14 days) to boost regeneration and enhance therapy effect. It is also recommended as therapeutic for skin with dermatoses, and as an alternative to acid treatments where counter indications occur.

Treatments in a series	5 - 10
Frequency	every 7-10 days, micro-needling / exfoliation every 2-4 weeks



#### Indications:

- dry and dehydrated skin
- mature, lined skin
- sensitive skin with superficial vessels
- skin with discolourations
- skin with rosacea or seborrhoeic dermatitis
- following chemical peels,
- microdermabrasion and laser therapy
- following steroid and retinoid treatment



#### Active substances:

##### LACTOBIONIC ACID

- intensely moisturises
- regulates exfoliation process
- prevents skin ageing
- brightens up and evens out skin tone
- reduces reddening and irritation
- facilitates regeneration
- after dermo-aesthetic treatments

##### GALACTOARABINIAN

- enhances the effectiveness of lactobionic acid
- moisturises and soothes
- eliminates water loss

##### VITAMIN A

- regulates skin revival process
- facilitates skin regeneration
- 

##### VITAMIN C

- plumps out face lines
- seals capillaries
- brightens up discolourations

##### VITAMIN E

- neutralizes free radicals
- enhances the effectiveness of vitamin C



### LACTOBIONIC MICELLAR GEL

**5% of active substances:** lactobionic acid, glucam, glycerol, olivem 300

- micellar formula
- removes impurities and makeup
- conditions the skin for professional exfoliation procedures
- pH 4.5

#### Use

- to lower skin pH before the application of acids
- cleansing of every skin type
- at-home acid therapies

Code 40011                      500 ml  
Code 40001                      200 ml



### LACTOBIONIC ACID SERUM 15%

**19% of active substances:** actobionic acid, galactoarabinan, glycerol

- thick gel-like formula
- safe and comfortable application
- also treatments for eyelid areas
- pH 3.5

#### Use

- at-home acid treatments
- follow-up to both chemical and acid peels
- follow-up to dermo-aesthetic treatments
- manual application
- sonophoresis, no-needle mesotherapy

Code 40004                      50 ml



### LACTOBIONIC TONER

**4% of active substances:** actobionic acid, glucam, glycerol

- potent hydration and soothing
- light gel-like formula
- for cavitation of dry and sensitive skin
- pH 3.5

#### Use

- lowering of skin pH prior to application of acid therapy
- toning and hydration of all skin types
- at-home acid therapy

Code 40012                      500 ml  
Code 40002                      200 ml

### LACTOBIONIC BOOST MASK

**4% of active substances:** Lactobionic acid, hyaluronic acid, vitamins A, E and C

- lipo-gel formula
- velvety formula
- activates lactobionic acid serum

#### Use

- serum effects enhancement and maintenance
- thorough hydration
- intensive regeneration
- recommended for sonophoresis and no-needle mesotherapy procedures

Code 40006                      200 ml  
Code 40016                      10 ml



### LACTOBIONIC 4% EYE CREAM

**9% of active substances:** lactobionic acid, avocado oil, galactoarabinan, bisabolol, vitamin E

- gentle, velvety formula
- potent moisturizer

#### Use

- to finish off professional treatments
- daily skin care
- recommended for layering under makeup

Code 40015                      15ml





# Bo2Look Therapy MD estetic

Smooths wrinkles and  
guarantees effect "botox like"  
with natural look



**REVOLUTION IN REMOVING MIMIC WRINKLES**

